

SDCC

STOWMARKET & DISTRICT CYCLE CLUB

Sponsored by Fast Test

Presents 10 mile time trial – B10/52 Old Newton

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Monday 27th May 2024

14:01 start

Course

B10/52

Start Time Keeper

Graham Berry (SDCC)

Finish Time Keeper

Gary Buckle (SDCC)



Car Parking & HQ (sign in / out)

There is a car park at the HQ
(Finningham White Horse pub & in adjacent roads)

Finningham White Horse, Station Road, Finningham IP14 4TL
Landlady Lorna

Strictly no parking at the start, finish or on any part of the course

Refreshments

Refreshments in the pub

Event Secretary:

Keith Wolferstan Tel: 07770 640074

Email: kpw.haven@gmail.com

Course description:

B10/52 (Old Newton-Finningham-Cranmer Green-Crownland-Westhorpe)

START at paint mark in layby opposite Old Newton post office and Rookery Way on Finningham Road (B1113). Proceed north on B1113 through Bacton & Finningham to turn left onto Walsham Road, becoming Finningham Road, towards Cranmer Green. Before sharp left, turn up slight rise towards Crownland. At T junction turn left onto Crownland Road towards Westhorpe to FINISH at paint mark.

NOTE: On completing the event, riders should continue on Crownland Road through Westhorpe village to HQ at Finningham White Horse pub.

CTT East District Local Regulations

U-Turns will not be permitted on the course or on roads adjacent to the start and finish areas whilst the race is in progress.

Note-Any breaking of this Regulation in the first case may mean disqualification from the event. Further cases will be referred to the District Committee.

Definition: A U-Turn is defined as a 180 degree turn completed within the highway whilst astride the bicycle, it is recommended that riders dismount, check the road is clear and then walk across the road

Warming Up. No warming up along the course by competitors once the event has started

Rider Notes

As per the special conditions applicable to this event, in the interests of your own safety, Cycling Time Trials and the Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard and display of a working front & rear red LED light.

Riders are reminded that the rules of the road **MUST** be obeyed. Riders crossing the white centre line **WILL** be disqualified, **YOU HAVE BEEN WARNED!**

Generally the course is in good condition but there are a few spots to be wary of. Please ensure you read the risk assessment when signing on

- a. numbers and signing on at the HQ (Finningham White Horse) and NOT at the start
- b. no support can be provided to riders on the course, so you are advised to carry sufficient spares/pumps to be self-sufficient in the event of a mechanical
- c. remember to sign out and return race numbers at the HQ
- d. **Results and prizes will be awarded as soon as possible after the event at HQ.**

The **START** is approximately a **15 MINUTE RIDE** from the HQ and is located at layby opposite Old Newton post office/shop, Rookery Way). Please ensure you are familiar with the route and you are at the start point in good time. (what3words.com ///distilled.require.alleges)

Heads up and have a safe ride!!

		Awards		
Open Catagory	1st	£15	Female 1 st	£15
	2nd	£10		
	3rd	£5		